



# TOUCH SPA

## MASSAGES

### Touch Signature

Your massage begins with warm oil accompanied by a customized blend of essential oils to suit your specific needs. Followed by hot stones, used to penetrate the oils deeper and soothe your tired muscles into pure relaxation. Wrapped in essential oil steamed towels, your feet, back and face will de-stress and rebalance. • **75 min \$145**

### 4 Hands Massage

This unique massage performed by 2 therapists, working simultaneously with warm oil. This wonderful experience of 4 hands working on you at once working out the stress and balancing your mind and spirit.

• **60 min \$209**

### Hot Stone Massage

This massage involves placing water-heated smooth stones of various sizes on key points on the body or face. The resulting deep massage and sensation of warmth and comfort is not to be missed. The hot stone experience can relieve pain; promote harmony and balance within the body. • **60 min \$165**

### Aroma Massage

A deeply relaxing full body massage combined with the therapeutic properties of essential oils to help balance the immune system; improve the body's circulation and lymph flow; and help reduce stress. A healing therapy for the body and the soul.

• **60 min \$120 • 90 min \$170**

### Swedish Massage

Swedish massage uses firm but gentle pressure to promote relaxation. A good massage affects you on all levels of your being. Physically, its benefits include relaxing and toning your muscles; assisting the venous flow of blood; soothing the nervous system; encouraging the lymphatic flow; and stretching the connective tissue of joints.

• **60 min \$120 • 90 min \$170**

\*\*If an RMT is required please be sure to request when booking

### Prenatal Massage

Designed to relieve the discomfort and stress of pregnancy, while making special adjustments to normal massage practice due to the changes pregnancy makes in the body. • **60 min \$120**

### Heaven and Earth

Begin the journey through Heaven and Earth by experiencing a foot massage rooting you into the element of earth. Your journey then takes you upward, through hand, shoulder, neck and scalp massage, creating the union of Heaven and Earth, Body and Soul.

• **30 min \$60**



**TOUCHSTONE**  
ON LAKE MUSKOKA

## BODY TREATMENTS

### Tropical Salt Mousse Body Polish

Be transported into a sublime tropical oasis. Tropical saltmousse de-aging body exfoliation. Saltmousse is enriched with squalane oil, mango and passion fruit. Skin emerges smooth to the touch and visibly brightened.

• 45 min \$75

### Tropical Fruit Body Wrap

Pineapple and Papaya or Mango and Passion Fruit... pure extracts to tighten and replenish tired skin with the ultimate de-aging technology. Exfoliation smoothes contours rendering skin more youthful and vibrant, fruit wrap covers and nourishes skin. Followed by a private shower and hydrated with a rich nourishing balm. • 75 min \$145

### Pevonia Aromatic Moor Mud Wrap

This distressing treatment commences with an exfoliation followed by application of a nourishing and hydrating aromatic black mud, rich in pine needle oil well known for its healing and stimulating properties. • 75 min \$155

### Desert Heat Mud Wrap

Experience this warm, soothing, bubbling wrap formulated to vanquish fatigue and stress. Delivering nature's richest Red Seaweed and mineralizing golden Arizona Desert Mud, enriched with copper magnesium and zinc. As healing and nourishing minerals seep in, every inch of skin is relieved, and renewed resulting in a fatigue free, re-mineralized body. • 75 min \$160

### Body Polish Add-On

Prior to any massage, add a fully body Salt Mousse Exfoliation and private shower. • 20 min \$45

## FACIALS

### Awaken Facial - Touch Signature

This facial uses a blend of nature's finest essential oils to not only purify but restore your skins balance and beauty. Hot stones assist in the penetration of our blended oils to soothe and rescue the skin.

• 60 min \$110

### Classic European

Combining deep pore cleansing with moisturizing facial massage, this treatment is customized for your skin. • 55 min \$95

### Hydradermie

#### The Star Facial Treatment - An exclusive Guinot treatment.

This treatment tailored to the needs of your skin and your beauty goals. The Hydradermie treatment is provided exclusively by experienced and specially trained beauty therapists. • 75 min \$130

### Beaute Neuve

When our skin becomes tired or stressed this can result in a loss of glow. After just one treatment or better yet a series of three, the skin is able to breathe again. Cellular renewal becomes accelerated, uncovering a more radiant complexion. • 60 min \$99 • Series of 3 \$250

### Hydradermie Lift

With age and fatigue, the contours of the face become heavier and less defined, and signs of aging appear on the face. The Hydradermie Lift provides a "youth revolution" by stimulating facial muscles to give them new tone and exert a lifting effect on the features.

• 2 hours \$195 • Series of 3 \$500

### Plantomer Facial

This is a highly effective treatment that soothes, hydrates, heals, strengthens and beautifies the skin, leaving it firm, refreshed, vital and healthy. Recommended for all skin types, especially irritated, sunburned, and ultra-sensitive skin. Perfect before special make-up application. • 75 min \$125

### Luminous C & Sea Facial

Designed to refine, sooth and reduce fine lines, strengthen skin elasticity, counteract photo ageing and restore a youthful appearance. Using concentrated seaweed with Vitamin C and an orange peel mask this treatment delivers instant results. • 75 min \$145

### Anti-Free Radical Facial

A unique triple layer treatment; providing deep hydration and a vibrant glow. An ampoule rich in vitamins and essential oils is applied, followed by lavender/ mint thermal lift-off mask. After this treatment the skin is left moist and radiant. Recommended for deeply dehydrated, sun damaged skin. • 60 min \$135

### Pevonia Fitness Facial

Using products formulated specifically for him, with ingredients to prevent razor burn, sensitivity and ingrown hairs. • 60 min \$99

### Add-on Treatments

Lip Treatment • \$25

De-Stress Eye Mask • \$15

Eye Contour Treatment

## PEDICURE AND MANICURE

### Classic Pedicure

This lavish pedicure begins with a sanitizing herbal footbath, warm soak, nail trim and file, cuticle nourishment, callus abrasion, exfoliation, relaxing massage with intense moisturizing, followed by polish application. • 60 min \$70

Gentlemen`s Touch Pedicure • 50 min \$60

### Hot Touch Pedicure

This unique 90 minute foot treatment includes hot stones, sugar scrub exfoliation on the legs and feet and a seaweed mask.

• 80 min \$95

### Classic Manicure

A relaxing spa manicure including nail care, enzymatic exfoliate and soothing massage will leave hands smoothed and polished.

• 45 min \$40

Gentlemen`s Touch Manicure • 45 min \$35

### Paraffin Treatment

Excellent treatment to soothe arthritis pain and deeply condition and moisturize your hands and or feet. • \$18



## WAXING

- Lip, Chin or Brow • **\$20 and up**
- Half Leg • **\$35 and up**
- Full Leg with Bikini • **\$60 and up**
- Bikini • **\$25 and up**
- Full Back • **\$60 and up**

## PACKAGES

### Tranquility

Choose your hour long body treatment to stimulate senses and soothe away the weariness of everyday living.... Salt Mousse Body Polish or Tropical Fruit Body Wrap or Guinot or Pevonia Facial or Massage. Followed by a Spa Mini Manicure as well as Spa Mini Pedicure accompanied by a hydrating paraffin treatment.

- **Approx. 150 min \$200**

### Je Tàime

- Luminous C & Sea Facial
- Pevonia Fitness Facial for Men
- Tropical Fruit Body Wrap
- 30 min Aromatic Massage
- **\$350**

### Replenish

- 60 min Aromatherapy Massage
- 30 min Mini Touch Facial
- **\$169**

### Rejuvenate

- 75 min Hydradernie Facial
- 30min Mini Touch Pedicure
- 20min Mini Touch Manicure
- **\$195**

### Refresh

- 60 min Swedish Massage
- 30 min Mini Touch Pedicure
- **\$153**

## BRIDAL PACKAGES

### Week Before Wedding

- Brow shaping and enhancement
- Lash enhancement
- Awaken Facial
- Customized Body Polish
- Make Up consult

### Day Before Wedding

- Massage
- Touch Manicure
- Touch Pedicure
- Spa Lunch

### Day of Wedding

- Make Up

• **\$450**

### For the Blushing Bride

- Body treatment
- Facial
- Touch Pedicure
- Touch Manicure
- Brow shaping
- Make Up
- **\$375**

- Sugar Scrub
- Hydrating Facial
- Pedicure
- Manicure
- Make Up
- **\$275**

- Pedicure
- Manicure
- 30 min Massage
- Make Up
- **\$240**

### Bridesmaids

- Touch Manicure
- Touch Pedicure
- Make Up
- **\$220**

- French Polish Application
- French Mini Pedicure
- Styling
- **\$150**

- Manicure
- Pedicure
- Make Up
- **\$135**

### Groom

- Manicure
- Pedicure
- Fitness Facial
- Massage
- Sauna
- **\$260**

- Fitness Facial
- 30 min Massage
- **\$140**

\*\*Please stay in Touch for details on our Monthly Specials, customized Sugar Scrubs and Body Polishes.

**TOUCH**  
SPA

Pamper Yourself. Book Today.  
705.641.4009

